

N/R Networks Progress Report 2015-2016

Dear National and Regional HPH Coordinators,

We hereby start the collection of the HPH Progress Reports for the period 2015-2016. We ask all of you to fill in the report and send it to us before Wednesday, February 15, 2017.

This year, the progress report format has been updated to allow you to save your work on the report and come back to it later, in several reporting sessions if needed. This should ease the process and accommodate your requested format changes.

The progress reports support the exchange of knowledge and experience, and they are important tools for HPH to assess the work in the HPH N/R networks and adjust and identify key priorities for actions and improvement.

The progress report is structured with three main parts;

- 1) Administrative information of the Networks. This part will insure that the available information is up-to-date and correct.
- 2) Report on the work of the N/R Network. This part is closely related to the [HPH Global Strategy 2013-2015](#) and your network's progress and work on the strategy's activities and goals. As the standards are a priority in the strategy, there will be a set of questions related to your network's fulfillment of the standards.
- 3) Additional questions. This part will give an overview of other important projects and initiatives done in the N/R networks.

As it was requested by the HPH General Assembly, this year the int. HPH Secretariat have filled in information and answers from the previous Progress Report from 2013-2014 in the individual reports (if this was submitted by the network). If this information is still correct, you do not need to do any further in these questions. If the information is inadequate or should be up-dated, we ask you to revise or add new information.

The progress reports are mandatory and upon collection of all data, the reports are made publicly available online (both individually and in collated form).

We acknowledge that the Progress Reports require extra work from the N/R coordinators, but as they are important tools for a continued improvement and assessment of the network, we hope you appreciate the necessity of the task at hand.

Part 1: Administrative Information

1. Name of Network

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| Swedish HPH network (Nätverket hälsofrämjande hälso- och sjukvård) |
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2. Network Coordinator

| | |
|-----------------|-------------------------------|
| Name | Margareta Kristenson |
| Phone | 013-28 27 71 |
| E-mail | margareta.kristenson@liu.se |
| Address | Hälsans hus, 581 85 Linköping |
| Network Website | www.hfsnatverket.se |

3. Coordinating Institution

| | |
|---|---|
| Name | Unit for Health Analysis |
| Address | Region Östergötland, CVU Hälso- och vårdutveckling - Gasverksgränd 2, 581 85 Linköping |
| E-mail (If different from coordinator's) | Lovisa.karlsson@regionostergotland.se |
| Phone (If different from coordinator's) | 0046-10 103 72 68 |
| Institution Website | http://www.regionostergotland.se/Om-regionen/Verksamheter/Centrum-for-verksamhetsstod-och-utveckling/ |

4. Date of Establishment and Expiration

| | |
|---------------------------------|------------|
| | MM/DD/YYYY |
| Date of Establishment | 10/25/1996 |
| Expiration of Network Agreement | 2012 |

5. Period covered by this Progress Report (If different or only part of 2015-2016)

| | |
|------|------------|
| | MM/DD/YYYY |
| From | 01/01/2015 |
| To | 01/01/2016 |

6. Number of your Network's members at the time of reporting

Number of Hospitals

Number of Health Services

Number of entities that are combined Hospital / Health Services

Number of Affiliated members

7. Date of checking online list of all my network members on hphnet.org

| | |
|------|----------------------------------|
| | MM/DD/YYYY |
| Date | 01/25/2017 (but it doesn't work) |

8. Is the list of your members on hphnet.org up to date?

| | |
|-----|-------------------------------------|
| Yes | <input checked="" type="checkbox"/> |
| No | <input checked="" type="checkbox"/> |

9. How many new "net" member has your Network recruited in the period?

| | |
|------|---|
| 2015 | 4 |
| 2016 | 4 |

If you have members who have left the network, what is the reason for this withdrawal?

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How many hospitals and health services in your country/region do you believe have the potential to join the activities of your Network?

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10. Does your Network have additional National/Regional criteria (supplementary to the International Network's criteria) for new members to join?

| | |
|------|---|
| Yes* | X |
| No | |

* Please specify additional National/Regional criteria for new members

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| <p>Additional National / Regional membership criteria, if applicable:</p> <ul style="list-style-type: none"> ● Present three HPH projects which can be evaluated (one each for patient-, coworkers and - & population health), to be readable on the Swedish network's website at "learn from each other" (In Swedish "Lära av varandra"). New members only; ● Actively participating in working groups, task forces and in other activities in the network. ● Pay annual membership fee to the swedish network, the size of which is decided by the general assembly each year. |
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11. Has your Network sent, or is it planning to send, material to the International HPH Secretariat?

| | |
|------|---|
| Yes* | |
| No | X |

* What materials?

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12. Please rate how your Network has put the mission, purpose and objectives described in [the HPH Constitution Art 1-3](#) into practice on the National/Regional level.

| | | | | |
|------------|--------------|----------|-------------|------------|
| Not at all | A little bit | Moderate | Quite a bit | Completely |
| | | | | X |

Please elaborate on your work

Our work is focused on the implementation on the comprehensive HPH concept and includes patients, personnel and population perspectives and also the management of health services.

Part 2: Report on the work of N/R Network

13. Organizational structure and way of working

Please describe the organization of your Network e.g. coordinating institution, scientific committee, steering group, task forces etc.

Medlemmar=Members
Sekretariat- secretariat
Presidium= General assembly
Presidieutskott = Governance board
Temagrupper = Task forces

14. Outcomes and main achievements in your Network

Please describe your main outcomes and achievements in the period 2015-2016

Grown both in quantity and quality. We now comprise all public health services in Sweden and also two private, together the main part of all health services. We have also further developed our work eg with new working groups on population based primary prevention with health dialogues.

You are welcome to share both challenging and enriching experiences with the other members of the International HPH Network

Support from top management is a central part and among most members strong, however the challenges are still pressing agendas with difficulties to find enough time and resources for the work.

How many hospitals and health services in your country/region do you think have potential to join the activities of your Network?

All members to varying degrees, and most of them do join.

15. If your Network have worked with national, regional or local projects, please list them here

We have eleven task forces, and have also had national funding for three projects on Person-centered care, linked to our task force on health promoting encounters, and four projects prevention, linked to our task forces on lifestyle(smoking, physical activity, food and alcohol)

16. Evaluation and monitoring

| | Yes | No |
|--|-----|----|
| Have your network carried out any evaluation and monitoring of the implementation of the WHO Standards?* | | X |
| Have any additional analysis or surveys been carried out?** | | |

* If yes, please provide information

Comment: We have, since early 2000 used our own set of indicators for yearly assessment of the full HPH concept. However, we now work, in close collaboration with the national agencies to identify/develop indicators that can be used as a part of the ordinary quality system, i.e. within the system and not an extra on. This is developing well, but our indicators on management are still in use.

** If yes, please provide information

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WHO-HPH Standards & Indicators

17. Which of the WHO Standards and Sub-Standards have been given priority in your Network?

| | Priority | No priority |
|--|----------|-------------|
| Standard 1: Management Policy <ul style="list-style-type: none"> - Description: The organization has a written policy for health promotion. The policy is implemented as part of the overall organization quality improvement system, aiming at improving health outcomes. This policy is aimed at patients, relatives and staff. - Objective: To describe the framework for the organization's activities concerning health promotion as an integral part of the organization's quality management system. | X | |
| Standard 2: Patient Assessment <ul style="list-style-type: none"> - Description: The organization ensures that health professionals, in partnership with patients, systematically assess needs for health promotion activities. - Objective: To support patient treatment, improve prognosis and to promote the health and well-being of patients. | X | |
| Standard 3: Patient Information and Intervention <ul style="list-style-type: none"> - Description: The organization provides patients with information on significant factors concerning their disease or health condition and health promotion interventions are established in all patient pathways. - Objective: To ensure that the patient is informed about planned activities, to empower the patient in an active partnership in planned activities and to facilitate integration of health | X | |

| | | |
|--|---|--|
| promotion activities in all patient pathways. | | |
| Standard 4: Promoting a Healthy Workplace <ul style="list-style-type: none"> - Description: The management establishes conditions for the development of the hospital as a healthy workplace. - Objective: To support the development of a healthy and safe workplace, and to support health promotion activities of staff. | X | |
| Standard 5: Continuity and Cooperation <ul style="list-style-type: none"> - Description: The organization has a planned approach to collaboration with other health service providers and other institutions and sectors on an ongoing basis. - Objective: To ensure collaboration with relevant providers and to initiate partnerships to optimize the integration of health promotion activities in patient pathways. | X | |

Which of the WHO Standards and Sub-Standards have been implemented in your Network?

18. Standard 1: Management Policy

| | Implemented | Not implemented |
|---|-------------|-----------------|
| 1.1. The organization identifies responsibilities for health promotion | X | |
| 1.2. The organization allocates resources for the implementation of health promotion | X | |
| 1.3. The organization ensures the availability of procedures for collection and evaluation of data in order to monitor the quality of health promotion activities | X | |

19. Standard 2: Patient Assessment

| | Implemented | Not implemented |
|---|-------------|-----------------|
| 2.1. The organization ensures the availability of procedures for all patients to assess their need for health promotion | | X |
| 2.2. The assessment of a patient's need for health promotion is done at first contact with the hospital. This is kept under review and adjusted as necessary according to changes in the patient's clinical condition or on request | | X |
| 2.3. The patient's needs-assessment reflects information provided by others and ensures sensitivity to social and cultural background | X | |

20. Standard 3: Patient Information and Intervention

| | Implemented | Not implemented |
|---|-------------|-----------------|
| 3.1. Based on the health promotion needs assessment, the patient is informed of factors impacting on their health and, in partnership with the patient, a plan for relevant activities for health promotion is agreed | X | |
| 3.2. The organization ensures that all patients, staff and visitors have access to general information on factors influencing health | X | |

21. Standard 4: Promoting a Healthy Workplace

| | Implemented | Not implemented |
|---|-------------|-----------------|
| 4.1. The organization ensures the development and implementation of a healthy and safe workplace | X | |
| 4.2. The organization ensures the development and implementation of a comprehensive Human Resources Strategy that includes training and development of health promotion skills of staff | X | |
| 4.3. The organization ensures availability of procedures to develop and maintain staff awareness on health issues | X | |

22. Standard 5: Continuity and cooperation

| | Implemented | Not implemented |
|---|-------------|-----------------|
| 5.1. The organization ensures the health promotion services are coherent with current provisions and regional health policy plans | X | |
| 5.2. The organization ensures the availability and implementation of health promotion activities and procedures during out-patient visits and after patient discharge | X | |

23. Has your Network supported member hospitals to implement and follow up on the standards and indicators?

| | |
|-----|---|
| Yes | |
| No | X |

You are welcome to share your experience with the other members of the International HPH Network

See comment on question 16

24. How many of your Network's members have implemented Standard 1 and elements of Standard 2, 3, 4 & 5? (See the description of each Standard in question 17)

| | |
|------------|---|
| All have | |
| Most have | X |
| Some have | |
| A few have | |
| None have | |

Teaching and Training

25. Has your Network participated in international WHO-HPH Schools in 2015-2016?

| | |
|-----------------------------------|---|
| Yes, in 1 or more than 1 per year | |
| Just one school in this period | |
| No | X |

26. Has your network established local teaching and training? (hands-on, e-learning etc.)

| | |
|------|---|
| Yes* | x |
| No | |

* Please describe

This is part of our working agenda- with workshops, continuous development of information of the homepage, instruments for training eg movies, etc

Communication and Advocacy

27. Please list the HPH related meetings and conferences conducted by your Network in the period 2015-2016 (Please list numbers of participants and any co-organizers)

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| <p>2015 Annual meeting (March) and strategy days (September) HPH conference in Västerås</p> <p>2016 Annual meeting (March) and strategy days (September)</p> <p>in addition a series of workshops organised by the different task forces</p> |
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28. Has your Network advocated HPH locally within the period 2015-2016?

| | |
|------|---|
| Yes* | X |
| No | |

* Please provide details

| |
|------------------------------------|
| This is also part of ordinary work |
|------------------------------------|

29. Has your Network participated at local policy level?

| | |
|------|---|
| Yes* | X |
| No | |

* Please provide details

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|------------------------------------|
| This is also part of ordinary work |
|------------------------------------|

30. Has your Network translated key HPH documents and tools to local language and sent out to members?

| | |
|---------|---|
| Yes* | |
| Partly* | X |
| No | |

* Please list documents translated and distributed

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| The Budapest and Vienna declaration and also some of the instruments developed by the task forces in the international HPH network e.g Migrant friendly hospital |
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31. Has your Network informed the International HPH Network about your national or regional communication and advocacy efforts?

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| Yes | |
| No | X |

How can we make it easier for you to share these efforts in the future?

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Advancement of Clinical Health Promotion Research

32. Has your Network participated in multi-centre research projects?

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| Yes, with 2 members or more | |
| Yes, with 1 member | |
| No | X |

33. Has your Network informed at policy level nationally or regionally about HPH research?

| | |
|-------------------------------|---|
| Yes, one 2 or more occasions* | |
| Yes, on 1 occasion* | |
| No | X |

* Please describe these occasions/events and the research in question

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34. Has your Network published any HPH research papers in journals within the period 2015-2016?

| | |
|------|---|
| Yes* | |
| No | X |

* Please provide titles, author names and name of journal

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35. Have you encouraged your members to publish their research in the official HPH journal; Clinical Health Promotion - Research and Best Practice for Patients, Staff and Community

| | |
|-----|---|
| Yes | |
| No | X |

36. Does your Network regularly keep the members updated with the newest HPH research?

| | |
|-----|---|
| Yes | X |
| No | |

You are welcome to share your experiences with the other members of the HPH Network by describing how you communicated the research

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|-------------------------------|
| This is part of ordinary work |
|-------------------------------|

37. Has your Network developed a national or regional action plan?

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|------|---|
| Yes* | X |
| No | |

* Please provide plan (or key summary of plan)

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Part 3: Additional Questions

38. Have your Network had any additional strategy, priorities and focus areas?
(Please list them here)

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39. Connection to National/Regional health policy and strategies

| | Yes | No | Don't know |
|---|-----|----|------------|
| Is health promotion a focus area in National/Regional health policies, laws and regulations in your country/region?* | X | | |
| Within the period 2015-2016, has changes in National/Regional health policies had directly influence on your HPH activities? ** | | x | |
| Is the National/Regional health system supportive of the development of health promotion? | X | | |

* Please provide information on how health promotion was given focus?

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** Please provide details of these changes

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40. Have your Network received recognition/acknowledgment from public authorities, health systems etc.?

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|-----|---|
| Yes | X |
| No | |

* Please provide information on this recognition/acknowledgment

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| We have a close collaboration with national authorities e.g. when arranges a national conference the Swedish HPH-network is invited to arrange the session on equal health |
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service.

41. Are key documents (e.g. Vienna Recommendations, Ottawa Charter, Information Package, WHO Standards (SAT), Letter of Intent, Constitution etc.) available in your local language?

| | |
|-----|---|
| Yes | X |
| No* | |

* Please provide titles of those HPH materials that should be made available in your language?

Ottawa declaration
Budapest declaration
Letter of intent.

42. Collaboration with the International HPH Network and with WHO

| | Yes | No |
|---|-----|----|
| Does your Network have any participation in international, national or regional task forces and/or working groups?* | X | |
| Does your Network collaborate with WHO? ** | | X |
| Does your Network issue any guidelines on how to implement recommendations from the task forces and working groups, e.g. Migrant Friendly and Culturally Competent Health Care? | X | |

* Please list which Task Forces or Working Groups

ENSH
Task force for mental health

** Please describe this collaboration

The chair for the Task force for mental health is Swede

43. How do you think that the International HPH Network, the HPH Governance Board and the HPH Governance Assembly could meet the needs of the National/Regional networks better?

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44. How do you think your Network could contribute better to the International HPH Network's fulfilment of its objectives?

Sweden is interested to learn from other countries but even this needs to be more easily accessible, for example in the form of short stories, alternatively movies via You Tube or similar to inspire new approaches and new ideas.

Final comments you wish to provide

This form is still extensive, a simpler questionnaire would be appreciated.

We also find it very important that we as a network get accessible feedback on results from the international network