

# N/R Networks Progress Report 2015-2016

Dear National and Regional HPH Coordinators,

We hereby start the collection of the HPH Progress Reports for the period 2015-2016. We ask all of you to fill in the report and send it to us before Wednesday, February 15, 2017.

This year, the progress report format has been updated to allow you to save your work on the report and come back to it later, in several reporting sessions if needed. This should ease the process and accommodate your requested format changes.

The progress reports support the exchange of knowledge and experience, and they are important tools for HPH to assess the work in the HPH N/R networks and adjust and identify key priorities for actions and improvement.

The progress report is structured with three main parts;

- 1) Administrative information of the Networks. This part will insure that the available information is up-to-date and correct.
- 2) Report on the work of the N/R Network. This part is closely related to the [HPH Global Strategy 2013-2015](#) and your network's progress and work on the strategy's activities and goals. As the standards are a priority in the strategy, there will be a set of questions related to your network's fulfillment of the standards.
- 3) Additional questions. This part will give an overview of other important projects and initiatives done in the N/R networks.

As it was requested by the HPH General Assembly, this year the int. HPH Secretariat have filled in information and answers from the previous Progress Report from 2013-2014 in the individual reports (if this was submitted by the network). If this information is still correct, you do not need to do any further in these questions. If the information is inadequate or should be up-dated, we ask you to revise or add new information.

The progress reports are mandatory and upon collection of all data, the reports are made publicly available online (both individually and in collated form).

We acknowledge that the Progress Reports require extra work from the N/R coordinators, but as they are important tools for a continued improvement and assessment of the network, we hope you appreciate the necessity of the task at hand.

## Part 1: Administrative Information

### 1. Name of Network

Norwegian HPH network
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### 2. Network Coordinator

Name	Ida RK Bukholm
Phone	+4741639895
E-mail	irb@npe.no
Address	Akershus University hospital
Network Website	<a href="http://www.norskhph.no">www.norskhph.no</a>

### 3. Coordinating Institution

Name	Akershus University Hospital, Center for health promotion
Address	Postboks 1000, 1478 Lørenskog, Norge
E-mail (If different from coordinator's)	<a href="mailto:norskhph@ahus.no">norskhph@ahus.no</a>
Phone (If different from coordinator's)	+47 90529611 (manager) +47 97028202 (assistant national coordinator)
Institution Website	<a href="http://www.ahus.no">www.ahus.no</a>

### 4. Date of Establishment and Expiration

	MM/DD/YYYY
Date of Establishment	12/07/1998
Expiration of Network Agreement	22/04/2019

5. Period covered by this Progress Report (If different or only part of 2015-2016)

	MM/DD/YYYY
From	n/a
To	n/a

6. Number of your Network's members at the time of reporting

Number of Hospitals

11
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Number of Health Services

4
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Number of entities that are combined Hospital / Health Services

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Number of Affiliated members

3
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7. Date of checking online list of all my network members on [hphnet.org](http://hphnet.org)

	MM/DD/YYYY
Date	12.01.2017

8. Is the list of your members on [hphnet.org](http://hphnet.org) up to date?

Yes	x
No	

9. How many new "net" member has your Network recruited in the period?

2015	5
2016	0

If you have members who have left the network, what is the reason for this withdrawal?

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How many hospitals and health services in your country/region do you believe have the potential to join the activities of your Network?

We are now working towards the regional health trusts for them to become members. There are 4 in Norway. There are 9 hospitals in Norway who are not members.
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10. Does your Network have additional National/Regional criteria (supplementary to the International Network's criteria) for new members to join?

Yes*	
No	x

\* Please specify additional National/Regional criteria for new members

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11. Has your Network sent, or is it planning to send, material to the International HPH Secretariat?

Yes*	x
No	

\* What materials?

Norwegian translations of various HPH manuals.
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12. Please rate how your Network has put the mission, purpose and objectives described in [the HPH Constitution Art 1-3](#) into practice on the National/Regional level.

Not at all	A little bit	Moderate	Quite a bit	Completely
			X	

Please elaborate on your work

We have in different foras argued for the relevance of health promotion. And we have lectured on the topic. We have worked on recruitment and retainment of members and as such argued the relevance of health promotion. We have developed a training package for our members that they themselves can use to teach locally or they can ask the secretariat for help. It is also geared towards new members for them to gain insight. We have developed a new website and as such broadened our information channel. We have joined Facebook. We were in 2015 the host of the international HPH conference and used this
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opportunity to work with actors on policy level in Norway. We work continuously with recruitment of new members and with lobbying on policy level.

## Part 2: Report on the work of N/R Network

### 13. Organizational structure and way of working

Please describe the organization of your Network e.g. coordinating institution, scientific committee, steering group, task forces etc.

We have a coordinating institution, which is also one of our members, that has established a secretariat. The secretariat is purely administrative and do not have voting rights. We have a yearly meeting of the board of representatives from all member organizations where each member has one representative with voting right. This board approves strategy, yearly action plan, budget, membership fee etc. Between these yearly meetings we have a working committee with members elected among the representatives that follow up the strategy and action plan. We have thematic working groups (national task forces you could say) on different topics that occupy our members.

### 14. Outcomes and main achievements in your Network

Please describe your main outcomes and achievements in the period 2015-2016

One major achievement is the hosting of the International HPH conference in 2015. Becoming a Hub for the ABC campaign in Norway.

You are welcome to share both challenging and enriching experiences with the other members of the International HPH Network

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### 15. If your Network have worked with national, regional or local projects, please list them here

Each member has worked on projects. Particular topics are Recovery, Migration and health, SAVE (a partnership oriented, person-centered group counseling methodology), health promoting workplace, adolescent health, public health, ABC.

### 16. Evaluation and monitoring

	Yes	No
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Have your network carried out any evaluation and monitoring of the implementation of the WHO Standards?*		x
Have any additional analysis or surveys been carried out?**		x

\* If yes, please provide information

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\*\* If yes, please provide information

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### ***WHO-HPH Standards & Indicators***

17. Which of the WHO Standards and Sub-Standards have been given priority in your Network?

	Priority	No priority
<b>Standard 1: Management Policy</b> <ul style="list-style-type: none"> <li>- Description: The organization has a written policy for health promotion. The policy is implemented as part of the overall organization quality improvement system, aiming at improving health outcomes. This policy is aimed at patients, relatives and staff.</li> <li>- Objective: To describe the framework for the organization's activities concerning health promotion as an integral part of the organization's quality management system.</li> </ul>	x	
<b>Standard 2: Patient Assessment</b> <ul style="list-style-type: none"> <li>- Description: The organization ensures that health professionals, in partnership with patients, systematically assess needs for health promotion activities.</li> <li>- Objective: To support patient treatment, improve prognosis and to promote the health and well-being of patients.</li> </ul>	x	
<b>Standard 3: Patient Information and Intervention</b> <ul style="list-style-type: none"> <li>- Description: The organization provides patients with information on significant factors concerning their disease or health condition and health promotion interventions are established in all patient pathways.</li> <li>- Objective: To ensure that the patient is informed about planned activities, to empower the patient in an active partnership in planned activities and to facilitate integration of health promotion activities in all patient pathways.</li> </ul>	x	
<b>Standard 4: Promoting a Healthy Workplace</b> <ul style="list-style-type: none"> <li>- Description: The management establishes conditions for the development of the hospital as a healthy workplace.</li> <li>- Objective: To support the development of a healthy and safe workplace, and to support health promotion activities of staff.</li> </ul>	x	
<b>Standard 5: Continuity and Cooperation</b>	x	

<ul style="list-style-type: none"> <li>- Description: The organization has a planned approach to collaboration with other health service providers and other institutions and sectors on an ongoing basis.</li> <li>- Objective: To ensure collaboration with relevant providers and to initiate partnerships to optimize the integration of health promotion activities in patient pathways.</li> </ul>		
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***Which of the WHO Standards and Sub-Standards have been implemented in your Network?***

**18. Standard 1: Management Policy**

	Implemented	Not implemented
1.1. The organization identifies responsibilities for health promotion		
1.2. The organization allocates resources for the implementation of health promotion		
1.3. The organization ensures the availability of procedures for collection and evaluation of data in order to monitor the quality of health promotion activities		

**19. Standard 2: Patient Assessment**

	Implemented	Not implemented
2.1. The organization ensures the availability of procedures for all patients to assess their need for health promotion		
2.2. The assessment of a patient's need for health promotion is done at first contact with the hospital. This is kept under review and adjusted as necessary according to changes in the patient's clinical condition or on request		
2.3. The patient's needs-assessment reflects		

information provided by others and ensures sensitivity to social and cultural background		
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#### 20. Standard 3: Patient Information and Intervention

	Implemented	Not implemented
3.1. Based on the health promotion needs assessment, the patient is informed of factors impacting on their health and, in partnership with the patient, a plan for relevant activities for health promotion is agreed		
3.2. The organization ensures that all patients, staff and visitors have access to general information on factors influencing health		

#### 21. Standard 4: Promoting a Healthy Workplace

	Implemented	Not implemented
4.1. The organization ensures the development and implementation of a healthy and safe workplace	x	
4.2. The organization ensures the development and implementation of a comprehensive Human Resources Strategy that includes training and development of health promotion skills of staff		
4.3. The organization ensures availability of procedures to develop and maintain staff awareness on health issues		

#### 22. Standard 5: Continuity and cooperation

	Implemented	Not implemented
5.1. The organization ensures the health promotion services are coherent with current provisions and regional health policy plans		
5.2. The organization ensures the availability and implementation of health promotion activities and procedures during out-patient visits and after patient discharge		

23. Has your Network supported member hospitals to implement and follow up on the standards and indicators?

Yes	
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No	x
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You are welcome to share your experience with the other members of the International HPH Network

Some of our members fulfill some of the standards but none of our members have used the standard tool. There are national guidelines that overlap with the HPH standards.

24. How many of your Network's members have implemented Standard 1 and elements of Standard 2, 3, 4 & 5? (See the description of each Standard in question 17)

All have	
Most have	
Some have	x
A few have	
None have	

### ***Teaching and Training***

25. Has your Network participated in international WHO-HPH Schools in 2015-2016?

Yes, in 1 or more than 1 per year	x
Just one school in this period	
No	

26. Has your network established local teaching and training? (hands-on, e-learning etc.)

Yes*	x
No	

\* Please describe

We have developed a training package for each individual member to use. We've held seminars on topics such as Recovery, ABC etc.

## Communication and Advocacy

27. Please list the HPH related meetings and conferences conducted by your Network in the period 2015-2016 (Please list numbers of participants and any co-organizers)

23. international HPH conference Person-oriented Health Promotion in a Rapidly Changing World: Co-production - Continuity - New Media & Technologies (aprox 750)

Yearly meeting of the board of representatives 2015 & 2016

Meetings in NONEMI (working group on migration and health) aprox 4 meetings a year  
Meetings in the working group focusing on health promotion in psychaiatry aprox 2 meetings a year.

Seminar with Robert Donovan from Meantally Healthy Australia regarding their ABC programme.

Pre-conference on Recovery at 24. international HPH conference.

28. Has your Network advocated HPH locally within the period 2015-2016?

Yes*	x
No	

\* Please provide details

Each memeber has through our national strategy and action plan the responsibility to advocate for the network at local level. The secretariat has the responsibility to advocate at a national level and to support the individual member when wanted. We take part in meetings, conferences, heerings etc where we argue the case for health promotion.

29. Has your Network participated at local policy level?

Yes*	x
No	

\* Please provide details

Members take part in local parterships/networks/alliances for public health.

30. Has your Network translated key HPH documents and tools to local language and sent out to members?

Yes*	x
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Partly*	
No	

\* Please list documents translated and distributed

WHO Standards and Self-Assessment Manual  
Manual on Children's Rights in Hospital and Health Services  
Guide to Promoting Healthy Workplaces in Health Care Institutions

31. Has your Network informed the International HPH Network about your national or regional communication and advocacy efforts?

Yes	x
No	

How can we make it easier for you to share these efforts in the future?

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### ***Advancement of Clinical Health Promotion Research***

32. Has your Network participated in multi-centre research projects?

Yes, with 2 members or more	x
Yes, with 1 member	
No	

33. Has your Network informed at policy level nationally or regionally about HPH research?

Yes, one 2 or more occasions*	x
Yes, on 1 occasion*	
No	

\* Please describe these occasions/events and the research in question

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34. Has your Network published any HPH research papers in journals within the period 2015-2016?

Yes*	x
No	

\* Please provide titles, author names and name of journal

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35. Have you encouraged your members to publish their research in the official HPH journal; Clinical Health Promotion - Research and Best Practice for Patients, Staff and Community

Yes	x
No	

36. Does your Network regularly keep the members updated with the newest HPH research?

Yes	x
No	

You are welcome to share your experiences with the other members of the HPH Network by describing how you communicated the research

Dissemination of newsletter, dissemination of the forwarded copies of Clinical health promotion journal, news on website.
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37. Has your Network developed a national or regional action plan?

Yes*	x
No	

\* Please provide plan (or key summary of plan)

<p>See attachment (Norwegian language only).</p> <p><u>Key points:</u> Goal 1: Increase and spread knowledge about the importance of health promotion. Goal 2: Awareness raising at management level regarding the relevance of health promotion. Goal 3: Document experiences and effect. Goal 4: Cooperation between different parts of the health sector at local and regional level with a particular focus on early intervention and prevention on a minimum of one area. Each goal has actionpoints.</p>
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## Part 3: Additional Questions

38. Have your Network had any additional strategy, priorities and focus areas?  
(Please list them here)

We have a 4 year strategy and yearly action plan. And additional focus in 2016 has been the ABC programme.

39. Connection to National/Regional health policy and strategies

	Yes	No	Don't know
Is health promotion a focus area in National/Regional health policies, laws and regulations in your country/region?*	x		
Within the period 2015-2016, has changes in National/Regional health policies had directly influence on your HPH activities?**			x
Is the National/Regional health system supportive of the development of health promotion?	x		

\* Please provide information on how health promotion was given focus?

Trough laws on public health, healthcare personnel and specialist healthcare. Through reforms.

\*\* Please provide details of these changes

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40. Have your Network received recognition/acknowledgment from public authorities, health systems etc.?

Yes	x
No	

\* Please provide information on this recognition/acknowledgment

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41. Are key documents (e.g. Vienna Recommendations, Ottawa Charter, Information Package, WHO Standards (SAT), Letter of Intent, Constitution etc.) available in your local language?

Yes	x
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No*	
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\* Please provide titles of those HPH materials that should be made available in your language?

Not all are. Ottawa charter is, WHO Standards are, local information package. But Vienna rec, Letter of Intent and Constitution is not.
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#### 42. Collaboration with the International HPH Network and with WHO

	Yes	No
Does your Network have any participation in international, national or regional task forces and/or working groups?*	x	
Does your Network collaborate with WHO? **		x
Does your Network issue any guidelines on how to implement recommendations from the task forces and working groups, e.g. Migrant Friendly and Culturally Competent Health Care?		x

\* Please list which Task Forces or Working Groups

<ul style="list-style-type: none"> <li>• <a href="#">HPH Task Force on Health Promotion with Children &amp; Adolescents (James Robinson, SCO)</a></li> <li>• <a href="#">Migrant-Friendly &amp; Culturally Competent Health Care (Antonio Chiarenza, IT)</a></li> <li>• <a href="#">HPH and Age-Friendly Health Care (Shu-Ti Chiou, TW)</a></li> </ul>
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\*\* Please describe this collaboration

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43. How do you think that the International HPH Network, the HPH Governance Board and the HPH Governance Assembly could meet the needs of the National/Regional networks better?

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44. How do you think your Network could contribute better to the International HPH Network's fulfilment of its objectives?

We believe that the Norwegian network contributes well in a variety of areas.
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**Final comments you wish to provide**

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