# HPH Newcomers' Workshop

- An introduction to the International HPH Network

CLINICAL HEALTH PROMOTION CENTRE
REGION

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# Program 9:00 – 12:00

| | |
|---|---|
| **Welcome and introduction** / IN&JS | 09:00 – 09:20 |
| **Vienna Recommendations and Background** / SF | 09:20 – 09:50 |
| **Structure, Constitution & Communication** / JS | 09:50 – 10:10 |
| **< BREAK >** | 10:10 – 10:20 |
| **Example#1: How to get started with HPH?** / MNL | 10:20 – 10:50 |
| **Example#2: How to get started with HPH?** /AC | 10:50 – 11:20 |
| **Member privileges and obligations** / SF | 11:20 – 11:50 |
| **Final Questions, Certificates & Closure /** IN&JS | 11:50 – 12:00 |

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# Welcome

**Good morning**
– and thanks for not snoozing, shopping or going to Taipei 101 ☺

**The concept of a Newcomers' Workshop**
- the place to ask ANY questions
- the place to discuss and share with others also just starting up HPH
= be inspired and get started with HPH

**The participants:**
- being a Newcomer and a local expert
- Bring your knowledge, approach, work and experience into play

**Round of introductions:**
- Presentation of all participants

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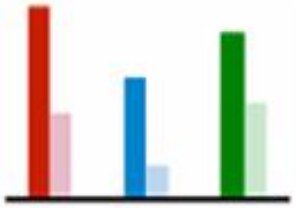
World Health Organization

Bispebjerg University Hospital

# WHO Collaborating Centre



RESEARCH

EDUCATION

SCIENTIFIC JOURNAL

HPH

CLINICAL EFFECT DATABASES

# WHO Terms of reference

Run the Intl HPH Secretariat

Support countries to:

- Implement WHO principles for HP and use HP strategies and standards
- Create further evidence
- Teach and train staff in EB HP
- Implement best EB practice for HP

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# HPH History

**1988 – 97** From Project to European Network

**2004** Int. HPH Network and Secretariat
**2005** Gen Assembly & Governance Board
**2008** HPH Constitution
**2009** First Global HPH Strategy
**2010** MoU, New website, Intl Progress Rep
**2011** Second Global HPH Strategy
**2011** Scientific journal of Clinical HP research and best practice
**2012** First Intl HPH Conference in Asia, Second Intl Progress Rep

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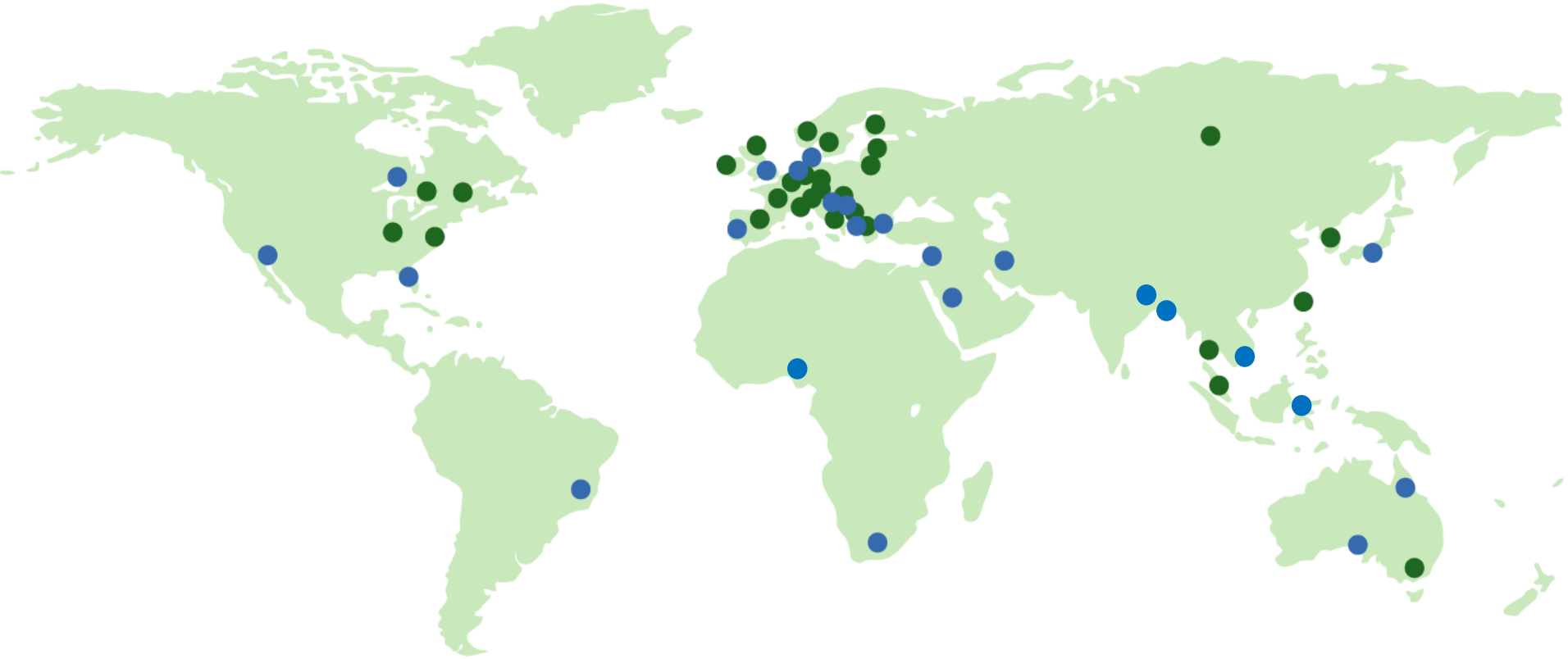
# HPH World Map



● = Country / Region with HPH Network(s)

● = Country / Region with individual hospital or health service HPH Member(s)

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# HPH Constitution

**Mission**

- ”HPH shall work towards incorporating the WHO concepts, values, strategies and standards or indicators of HP into the organizational structure of the H/HS”

**Vision**

- ”Increase the contribution of H/HS to better health gain through HP”

*Ottawa Charter, Budapest Declaration, Vienna Recommendations, Bangkok Charter and WHO Standards for Health Promotion in Hospitals*

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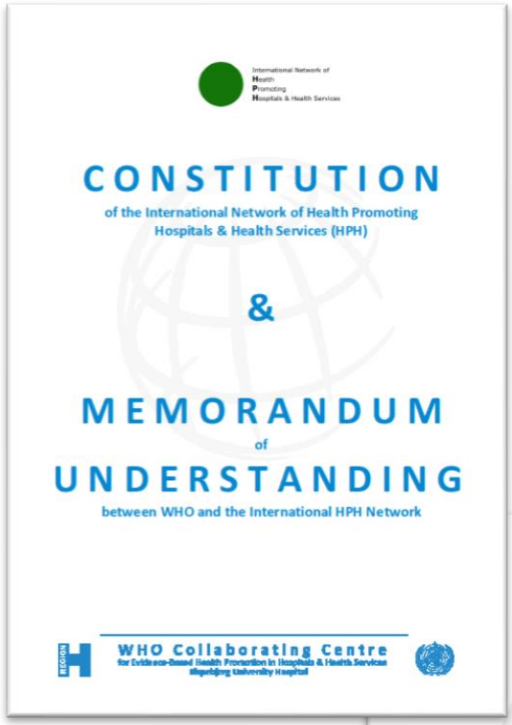
# How we work



**Priorities 2011 – 2013**

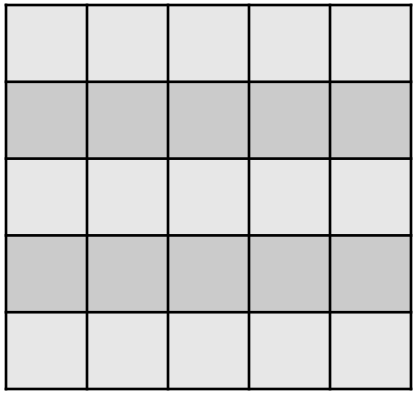
Growth & Member Care

Visibility & Publication

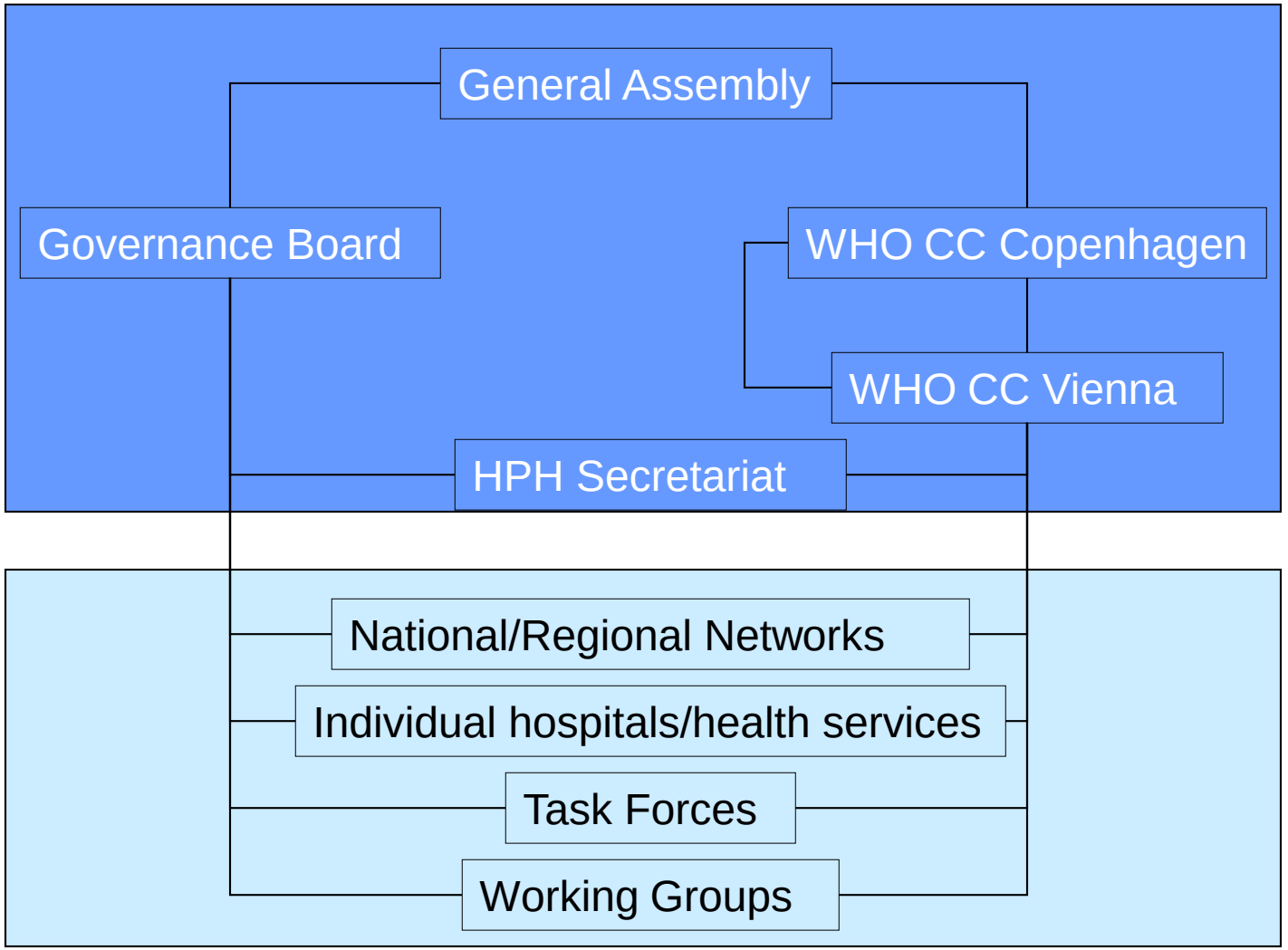
Partnerships & Aff. Members

Qualitative Growth

**Action Plan**



# HPH Structure

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# Organizational bodies

- **General Assembly**
- National / Regional HPH Coordinators
- WHO CC representatives
- WHO representative (observer)
- Task Force Leaders
- Observers from upcoming networks

- **Governance Board**
- 7 elected members
- 2 WHO CC representatives (Vienna, Copenhagen)
- 1 WHO representative

# GA in April 2012: New GB elected

1. Shu-Ti Chiou (Taiwan) (Chair)
2. Raffaele Zoratti (Italy) (Vice Chair)
3. Sally Fawkes (Australia)
4. Tiiu Härm (Estonia)
5. Manel Santina (Spain)
6. Somsak Pattarakulwanich (Thailand)
7. Heli Hatonen (Finland)

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# HPH Task Forces

- Migrant-Friendly & Culturally Competent Health Care **(IT)**
- HP for Children & Adolescents in & by Hospitals **(IT/PT)**
- Psychiatric Services **(D)**
- Tobacco-free United **(D)** (incl. ENSH participation)
- EB Alc. intervention in H&HS **(N)**
- HPH and the Environment **(TW)** (incl. HCWH and WHO participation)
- Health Promoting Physical Activity in H/HS **(S)**

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# HPH Working Groups

- HP in Non-Hospital Organizations
- HP & Surgery
- Age Friendly Care in H/HS

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# HPH Membership

**N/R Network Member (Corporate Member)**

- Minimum 3 hospitals / health services
- N/R Coordinator and coordinating institution
- HPH Network Agreement with the HPH Secretariat

**Individual Member Hospital / HS**

- Signing the HPH Letter of Intent

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# HPH Member Fee/Year

**250 Eur per H/HS, or for bigger organizations:**

| | | |
|---|---|---|
| 0 to 1000 Employees | = | 250 Eur |
| 1000 to 2000 | = | 500 Eur |
| 2000 to 3000 | = | 750 Eur |
| 3000 to 4000 | = | 1000 Eur |
| 4000 to 5000 | = | 1250 Eur |
| 5000 to 6000 | = | 1500 Eur |

(and so forth)

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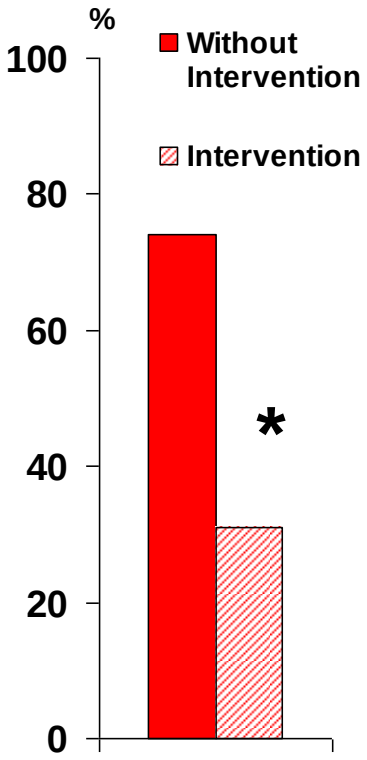
# Best Evidence-Based HP

## Includes three parts

(*Sackett, DL, Strauss SE, Richardson WS et al. Evidence-based medicine. Churcill Livingstone 2000*)

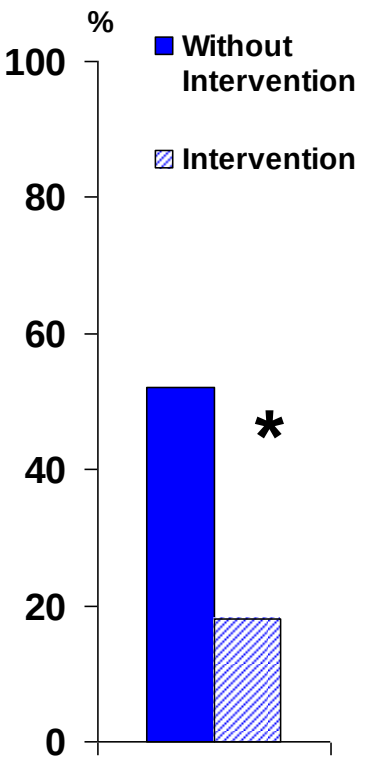
# Ex: Adding HP to surgery

**Alcohol cessation int.**
Colorectal Resection



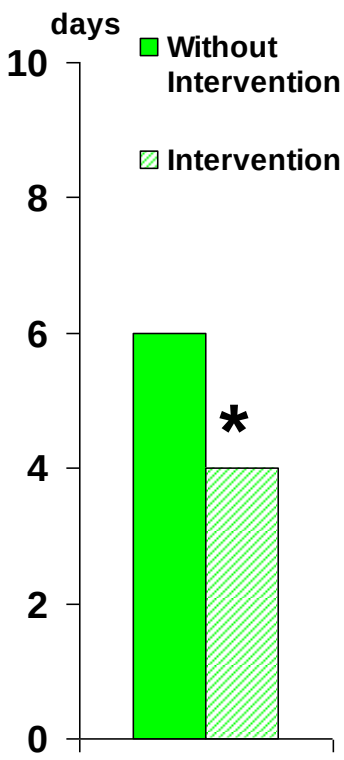

**Postop complications**
*(BMJ 1999)*

**Smoking cessation int.**
Hip/Knee Replacement



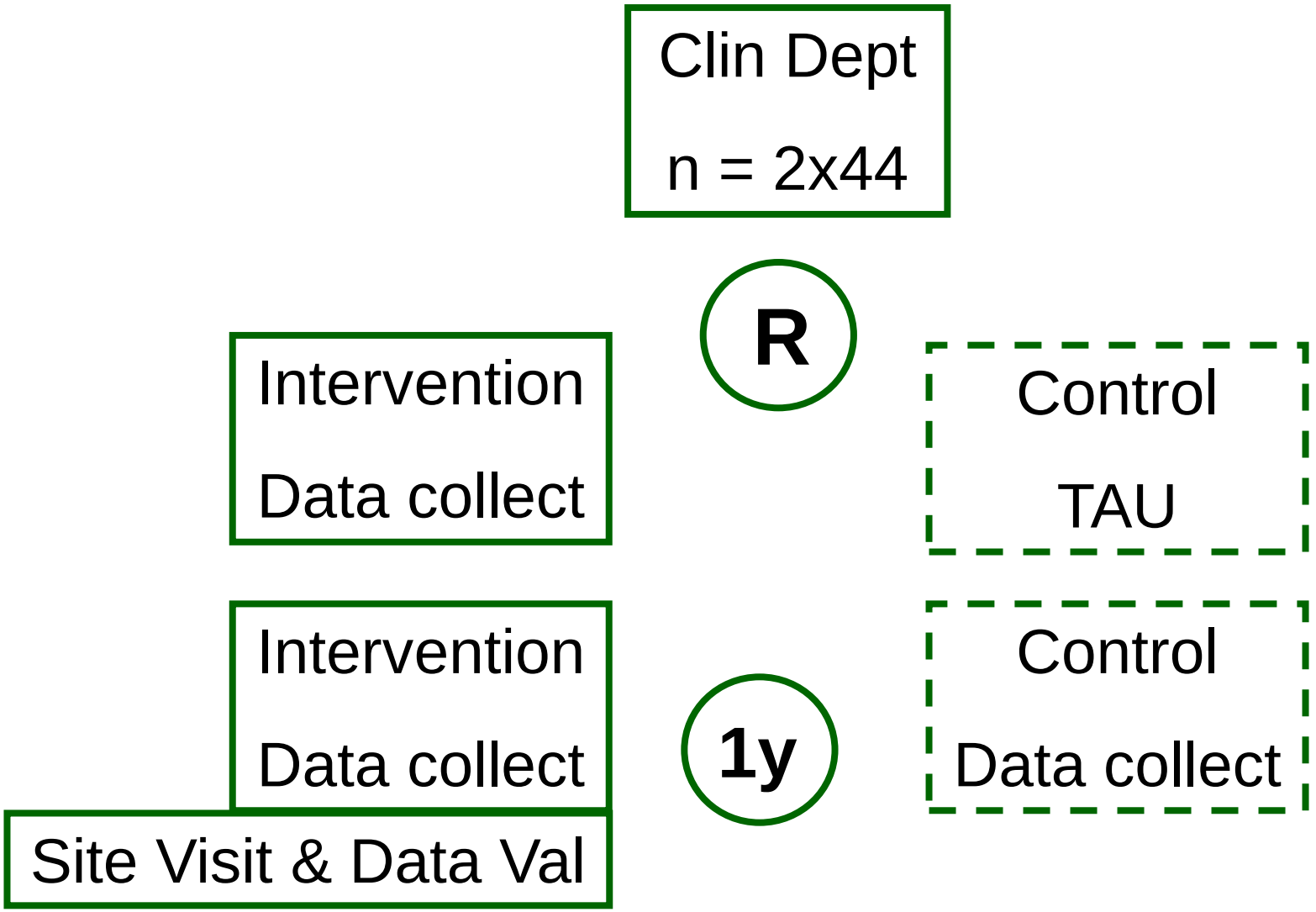

**Postop complications**
*(Lancet 2002)*

**Physical exercise int.**
Spine Surgery




**Postop recovery**
*(BMC Health Serv Res 2008)*

# WHO-HPH Recognition Project

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# Communication and tools

- Conferences (L, N, R, Intl)
- Schools (new, WHO-HPH, N/R)
- GA + Courses + staff exchange
- Newsletter + journal
- Hphnet.org
- Tools: Twinning, entry/exit forms, affiliated membership, Webex, Google maps, Linkedin, FB, twitter, Generic HPH Slides, Project Zones, forum, N/R and TF subsites, Library, Guides etc etc.

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**Group work (20 minutes):**

**Discussing implementation of the WHO HPH Standards**

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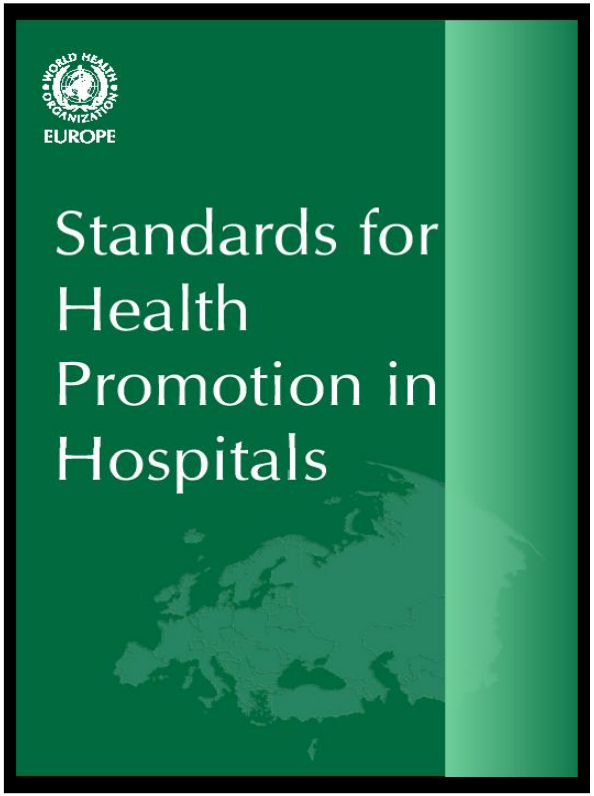
# EB WHO Standards

## Self Asessment Tool to monitor the implementation process



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# 1 Standard
## Management Policy

**Objective**

**The organization has a written policy for health promotion. The policy is implemented as part of the overall organization quality improvement system, aiming at improving health outcomes. This policy is aimed at patients, relatives and staff.**

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# 2 Standard
## Patient Assessment

**Objective**

**The organization ensures that health professionals, in partnership with patients, systematically assess needs for health promotion activities.**

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# 3 Standard

## Patient Information and Intervention

**Objective**

**The organization provides patients with information on significant factors concerning their disease or health condition and health promotion interventions are established in all patient pathways.**

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# 4 Standard

## Promoting a healthy workplace

**Objective**

**The management establishes conditions for the development of the hospital as a healthy workplace.**

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# 5 Standard

## Continuity and cooperation

**Objective**

**The organization has a planned approach to collaboration with other health service levels and other institutions and sectors on an ongoing basis.**

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# Conclusion

**We hope you have:**

- A picture of HPH as a well-established intl network of colleagues with easy and effective ID of collaborators
- A sense of how to build on existing knowledge and experience in HPH
- Gathered even further inspiration (cases, best practices)
- Intentions to take part in further education, teaching, staff exchange and training
- Intentions to take part in international research, TFs & WGs
- An idea of what HPH Membership is for (broad HP framework, technical support, tools etc.)
- Ambitions to do even more to help the overall improvement of health in H&HS in your country and globally

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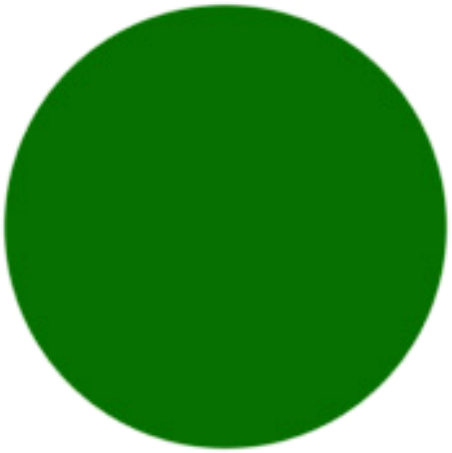

International Network of
**H**ealth
**P**romoting
**H**ospitals & Health Services

**www.whocc.org** **www.hphnet.org**